

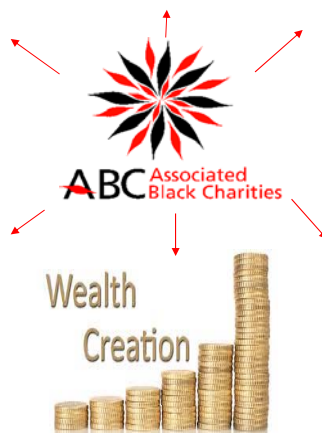


The Inclusion of Community Health Workers in the Dorchester County – Diabetes Prevention Program

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Objectives:

- ▶ To define the rural community, it's demographics and the Health Needs
- ▶ To demonstrate community engagement strategies for the inclusion of CHWs in National Diabetes Prevention Program
- ▶ To address the benefits of the Community Health Worker influence on DPP education
- ▶ To review the challenges surrounding successful inclusion of CHW's and the Diabetes Prevention Program



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? WHAT DID WE DO ?



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DPP - The need in Dorchester County



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Hypertension

Diabetes



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CHWs and DPP in Dorchester County

- Utilized professionally trained, non-clinical, trusted community members as front line workers (Community Health Workers – CHW) to focus on connecting our community to the DPP (Diabetes Prevention Program)
- We met our community members where they were – and that meant where they live, work, pray or play



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Meeting People Where They Are:



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CHWs and DPP in Dorchester County

- FINALLY – provide direct intervention to the community through the Diabetes Prevention Program with the Community Health Workers at little to often NO COST.



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Diabetes Prevention Program in Dorchester County – CHALLENGES

- Rectifying participant concerns regarding privacy
- Cost associated with this year long program
- Maintaining interest and continuing effective engagement with the community



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DPP in Dorchester County - BENEFITS

- Community Members, CHW's and Health Care Providers connecting
- Increased Access to the prominent Primary Care Facility
- Emergency room utilization reduced for preventable Chronic Disease issues
- Direct referrals
- A restored sense of TRUST among program participants
- CHW's are now more inclusive as a part of the overall health care team
- NO COST to program participants



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DPP in Dorchester County

TRANSACTIONAL & TRANSFORMATIVE CHANGE

- **TRANSACTIONAL:** Interventions that help individuals negotiate existing structures and challenges
- **TRANSFORMATIVE:** Solutions that re-frame issues from a focus on “problem individuals” or “problem groups of people” to the acknowledgement of how people are historically “differently placed”;
 - A solutions-oriented focus on making systems and structures equitable.



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DPP in Dorchester County



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Resources

DHMH - Maryland Health Equity Data

<http://dhmh.maryland.gov/mhhd/Pages/Health-Equity-Data>

*Maryland Chartbook of Minority Health And Minority Health Disparities Data
Selected Statewide and Dorchester County Data - February 15, 2011*

Chronic Disease SHIP Metrics: Mid-Shore (August 2012)

[http://www.dhmh.maryland.gov/mhhd/Documents/MidShore%20Maryland%20Jurisdiction%20Level%20SHIP%20Disparity%20Charts%202012%2008%2016%20Final%20\(1\).pdf](http://www.dhmh.maryland.gov/mhhd/Documents/MidShore%20Maryland%20Jurisdiction%20Level%20SHIP%20Disparity%20Charts%202012%2008%2016%20Final%20(1).pdf)



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THANK YOU!

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